

# The Council

on alcohol and other drug abuse



# Washington County SBIRT Implementation

## Universal Implementation

- ALL Hartford Union High School 9<sup>th</sup> Grade Students
- ALL Kewaskum High School 10<sup>th</sup> Grade Students

# How we got them to agree!

- Long-term relationship building with school districts.
- Garnered support from Building Principals who carried the message to Superintendents. Superintendents made decisions about informing school boards

# Why did they do it?

“I’m tired of trying to ‘fix’ the problems associated with kids drinking or using drugs...

I want to do something proactive for once and this makes sense!

--Hartford Union High School Principal

# Logistics

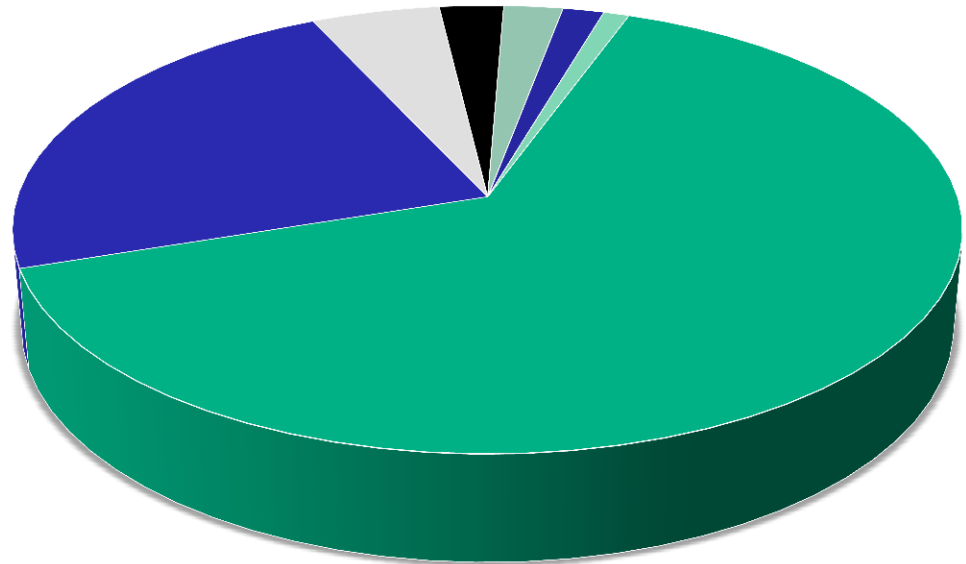
- Council on AODA staff implemented program
- Passive parental consent
- School Districts decided how to coordinate:
  - 1 school district implemented it in conjunction with Health Classes
  - 1 school district provided an office to our staff and the attendance secretary coordinated and provided passes to kids
- If a referral was appropriate the school districts requested that we first offer their guidance department—if student refused we would offer another resource

# Logistics

- 4 staff trained by Dr. Brown to implement program—3 actually implemented it.
- Process:
  - Students answered questions on laptop
  - Staff reviewed answers with them
  - Utilized motivational interviewing techniques to encourage students to look at behavior
  - Provided a written change plan if one was developed

# What We Learned

**426 High School Students were screened**



■ 0 Risk   ■ 1 Risk   ■ 2 Risk   ■ 3 Risk  
■ 4 Risk   ■ 5 Risk   ■ 6 Risk

# What else did we learn?

- Students very open in their discussions
- Many students reported using with parents
  - Did not want the paper change plan
- Schools want program back but want it completed in a shorter period of time



# How did we pay for it..

- United Way of Washington County
- Alliance for Wisconsin Youth received a Wisconsin Partnership Grant
- In-Kind dollars

# How are we going to sustain and expand

- Discontinue other programming to free up staff time to implement SBIRT
- Alliance for Wisconsin Youth is applying for another Wisconsin Partnership Grant for implementation